



EAT GLOBAL

22-29 March 2014

**An International
Food Festival in
Hastings & St Leonards**





See what
makes us tick!

www.18hours.org.uk



Events
Festivals
Research
Education
Training



18 hours is a Development
Education Centre with a
passion for events and
learning opportunities
which foster community
and global understanding

**EAT
GLOBAL**

Welcome to Eat Global, Hastings
and St Leonards annual festival of
international cuisine. Produced by
18 Hours Events and Education

for Hastings Borough Council, the event celebrates
the restaurants, shops and cafes of one of the
most ethnically diverse towns in the south east
and the culinary wizardry of our local chefs.

This booklet is your menu to what's on.

For starters, there's foody fun with walkabout
entertainers at Priory Meadow on Saturday 22
March. Then tuck into the rest of the week, with
festival breakfasts, lunches and dinners in eateries
across town. Sometimes you'll be treated to live
entertainment while you dine.

This year participating restaurants will enter the
first ever Eat Global Awards – with so much
wonderful cuisine on offer, picking the winners will
be a challenge.

**Enjoy Eat Global – and taste the
world without leaving town!**

Kim Forward

CLlr Kim Forward

Portfolio holder for Housing and Communities Services



We have tried to ensure the accuracy of information and are
not responsible for variation or delivery of individual offers.

Restaurant offers will be subject to availability.

Festival organised by Hastings Borough Council with
Mandy Curtis, 18 hours Ltd.

Designed by wordsmithdesign.co.uk

Printed on paper from sustainable resources



UK Africa Acrobats
Sat 22 March, Priory Meadow & Town Centre

Saturday 22 March

Eat Global Festival Launch

11am – 2.30pm
Priory Meadow Shopping Centre

Priory Meadow and the town centre are the places to be today, with foodie walkabouts providing yummy fun for all the family!



The Whizzer Chefs: **11am, 12.30pm, 2pm**

From world-famous street arts company Circo Rum Ba Ba, these two busy chefs involve

everyone in their recipes as they whiz past giving out cooking instructions. Spin them around as they dollop, drizzle, sprinkle and knead their way through town, searching for ingredients and their missing mixing bowl.

UK Africa Acrobats

11.45am, 1.15pm

Your jaw will drop as you watch the UK Africa Acrobats perform effortless acrobatics, whilst balancing plates, giant bowls, people and even bicycles on their hands and heads!



Sat 22 March listings

Breakfast

The Cookhouse Café

All day festival breakfast

Lunch

The Cookhouse Café

Special Festival Menu: three courses: £10 (vegetarian option available)

LUNCHTIME SPECIAL EVENT



1066 Cake Stand

82 Queens Road, Hastings
Meet the chef, 2-4pm
Drop in to sample traditional Sussex bakes, lardy Johns and black treacle fruit cake – and have a chat with the chef!

Dinner

Bay Spice

Early Bite from 5.30-7pm: £9.95
Every lady who eats at Bay Spice during Eat Global will get a rose!

SATURDAY NIGHT SPECIALS



Mamma Putts **Caribbean Fish Night**

Mamma Putts
£15.95

Three courses including Kingfish African-Caribbean style.



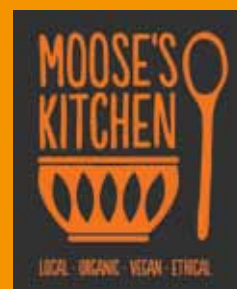
Parisian Night with **accordianist**

Steve le Squeeze

Moose's Kitchen

7.30pm, £15

All made with local, organic, vegan and ethical ingredients. Pre-booking essential.



A warm welcome to...



THE PURE FLAVOUR OF INDIA

The Legendary Indian Restaurant
Fully Licensed & Fully Air Conditioned

Early Bite

£9.95pp (Restaurant dining only)

Between 5.30pm to 7.00pm

Papadum & Chutneys, Any Main Dish,
Any Rice, Any Nan

£2.50 extra for Seafood & Duck Dishes
Excluding Sunday & Thursday Night

FREE HOME DELIVERY

on orders over £15.00 within a 3-mile radius

We charge a small amount for deliveries over 3-mile radius

OPEN SEVEN DAYS A WEEK

Including all Bank Holidays & Christmas Day

OPENING HOURS

SUNDAY TO WEDNESDAY: 12–2PM & 5.30–11PM

THURSDAY, FRIDAY & SATURDAY open until Midnight

OPEN ALL DAY SUNDAY AND BANK HOLIDAYS

Noon–11pm

Find us on **TRIPADVISOR**
and Facebook



Tel: 01424 444298 / 718632 / 431003
65–66 Eversfield Place, St Leonards-on-Sea
East Sussex, TN37 6DB (opp. Hastings Pier)

Email: bayspicegroup@yahoo.co.uk

www.bayspice.co.uk

Sunday 23 March

Breakfast

The Cookhouse Café

All day festival breakfast, see page 22

Lunch

Gurkha Chef:

Three course meal or Thali Platter – both £9.95 per person. See advert on page 20

The Cookhouse Café

Special Festival Menu: three courses: £10
(vegetarian option available)

Tandoori Ghor

Festival Buffet: £8.45

1066 Cake Stand

Gluten Free Baking Workshop, see below

LUNCHTIME SPECIAL EVENT

Gluten Free Baking Workshop

1066 Cake Stand

11am–2pm

The workshop includes all ingredients and materials, recipe sheets and a light lunch.

Learn about gluten free ingredients and make:

- Focaccia
- Flat bread
- Pastry

Cost: £25 Bookings: 01424 532103

Email: info@1066cakestand.co.uk



Dinner

Gurkha Chef

Three course meal or Thali Platter – both £9.95 per person. See advert on page 20

Bay Spice

Early Bite from 5.30–7pm: £9.95

Banquet: Eat as much as you like for £13.95

Every lady who eats at Bay Spice during Eat Global will get a rose!

Tandoori Ghor

Festival Buffet: £8.45



© CLYDE ROBINSON

Siam 2

The authentic flavours of
Thailand in the heart of
historic Hastings



A small 17th century building
adapted to provide a charming
Thai restaurant, with a special
selection of Thai wines to
complement the cuisine.



31 George Street
Old Town, Hastings
TN34 3EA

Tel: 01424 457828
E: siamthaitwo@yahoo.co.uk
www.siam2thairestaurant.co.uk

Monday 24 March

Breakfast

The Cookhouse Café

All day festival breakfast

Lunch

Gurkha Chef:

Three course meal or Thali Platter – both £9.95
per person. See advert on page 20

The Cookhouse Café

Special Festival Menu: Three courses: £10
(vegetarian option available)

Mamma Putts

Eat in: £6.95 Take away: £3.50 (see page 14)

The Kebab Shop (12–3pm)

Doner, chips and drink: £5

Flavours of India (12–2.30pm)

Two can dine for £15.99

Dinner

Gurkha Chef

Three course meal or Thali Platter – both £9.95
per person. See advert on page 20

Bay Spice

Early Bite from 5.30–7pm: £9.95
Every lady who eats at Bay Spice during
Eat Global will get a rose!

Flavours of India

Two can dine for £15.99
Try our special festival signature dish.

Siam 2 Thai Restaurant

Three special dishes created especially for
Eat Global and served by staff in traditional
Thai costume: see Friday, page 18.

FEATURED SHOP

Asia Pacific Oriental Store

Unit 1 Market Mews, St Andrews Market, Hastings
Sally and Clive and have been open for nine
years and are happy to guide you through their
range of Asian products.





2 CAN DINE FOR £15.99! *5 ITEMS PER PERSON*

As part of Hastings Borough Council's EAT GLOBAL FESTIVAL Flavours Of India would like to give you the opportunity to sample one of our incredible 5 dish Thali meals for the astonishing price of £15.99 for 2 people, YES! that's £15.99 FOR 2 PEOPLE!!!

**These are served individually
on our exclusive Thali platters**

Available every evening from 6pm
(excluding Friday & Saturday Evening)



Our Festival Signature Dish throughout the Eat Global Festival will be 'Old-Delhi Style Murgh Tikka Makhani' (Butter Chicken)

Tender chicken breast pieces cooked in the clay oven then smothered in a creamy buttery tomato and cashew nut sauce infused with fenugreek leaves and sweetened with honey, served with Peshwari Naan. Deliciously indulgent!

7 Castle Hill Road, Hastings TN34 3QZ
01424 443822 info@flavoursofindiahastings.co.uk
www.flavoursofindiahastings.co.uk

Tuesday 25 March

Breakfast

The Cookhouse Café

All day festival breakfast

Lunch

Gurkha Chef:

Three course meal or Thali Platter - both £9.95 per person. See advert on page 20

The Cookhouse Café

Special Festival Menu: three courses: £10 (vegetarian option available)

The Kebab Shop (12-3pm)

Doner, chips and drink: £5

Flavours of India (12-2.30pm)

Two can dine for £15.99

LUNCHTIME SPECIAL EVENT

Coast Restaurant

Sussex Coast College Hastings

12.30-3.30pm, £10.50

Come and join us for a delicious three course Mexican lunch (with vegetarian options) and a choice of classic margarita or non-alcoholic 'Nojito'.

Booking is essential: call 01424 458 535



Dinner

Gurkha Chef

Three course meal or Thali Platter - both £9.95 per person. See advert on page 20

Bay Spice

Early Bite from 5.30-7pm: £9.95

Every lady who eats at Bay Spice during Eat Global will get a rose!

Flavours of India

Two can dine for £15.99.

Try our special festival signature dish.

Siam 2 Thai Restaurant

Three special dishes created especially for Eat Global and served by staff in traditional Thai costume: see Friday, page 18.

FEATURED SHOP

Gizem Nur

17 Norman Road

St Leonards

TN37 6NH

Specialising in Central Asian Foods and the only seller of Halal meat locally, Gizem Nur is great for bunches of fresh parsley and coriander, olive oil, feta and halloumi cheese, halva and more.



Eat Global 2014 Participants

1 Asia Pacific: Oriental Store

Unit 1
Market Mews
St Andrews Market
Hastings
TN34 1SJ

2 Bay Spice: Indian restaurant

65-66 Eversfield Pl.
Hastings
TN37 6DB
01424 444298

3 Coast Restaurant:

Sussex Coast
College Hastings
Station Approach
Hastings
TN34 1BA
01424 458535

4 The Cookhouse Cafe: Hungarian cafe

79 Queens Road
Hastings
TN34 1RL
01424 421307

5 Flavours of India Restaurant

7 Castle Hill Road
Hastings TN34 3QZ
01424 443822

6 Gizem Nur: Asian Groceries

17 Norman Road
St Leonards-on-Sea
TN37 6NH

7 Gurkha Chef: Nepalese Restaurant

20 Grand Parade
St Leonards-on-Sea
TN37 6DN
01424 444 440

8 The Kebab Shop:

31 London Road
St Leonards-on-Sea
TN37 6AJ
01424 272110

9 Mamma Putts West African/ Caribbean Restaurant

23 Kings Road
St Leonards-on-Sea
TN37 6DU
07400 384443

10 Moose's Kitchen: Vegan Restaurant

52 Kings Road
St Leonards-on-Sea
TN37 6DY
01424 319056

11 Siam 2: Thai Restaurant

31 George Street
Old Town
Hastings
TN34 3EA
01424 457 828

12 Tandoori Ghor: Indian Restaurant:

10-11 Grand Parade
St Leonards-on-Sea
TN38 0DD
01424 436 064

13 Trinity Wholefoods:

3 Trinity Street
Hastings
TN34 1HG
Tel: 01424 430473

14 1066 Cake Stand: Bakery

82 Queens Road
Hastings
TN34 1RL
01424 532103

15 Relax Cafe: Armenian Restaurant bar and cafe

18-19 Marina,
St Leonards-on-Sea
TN38 0DX

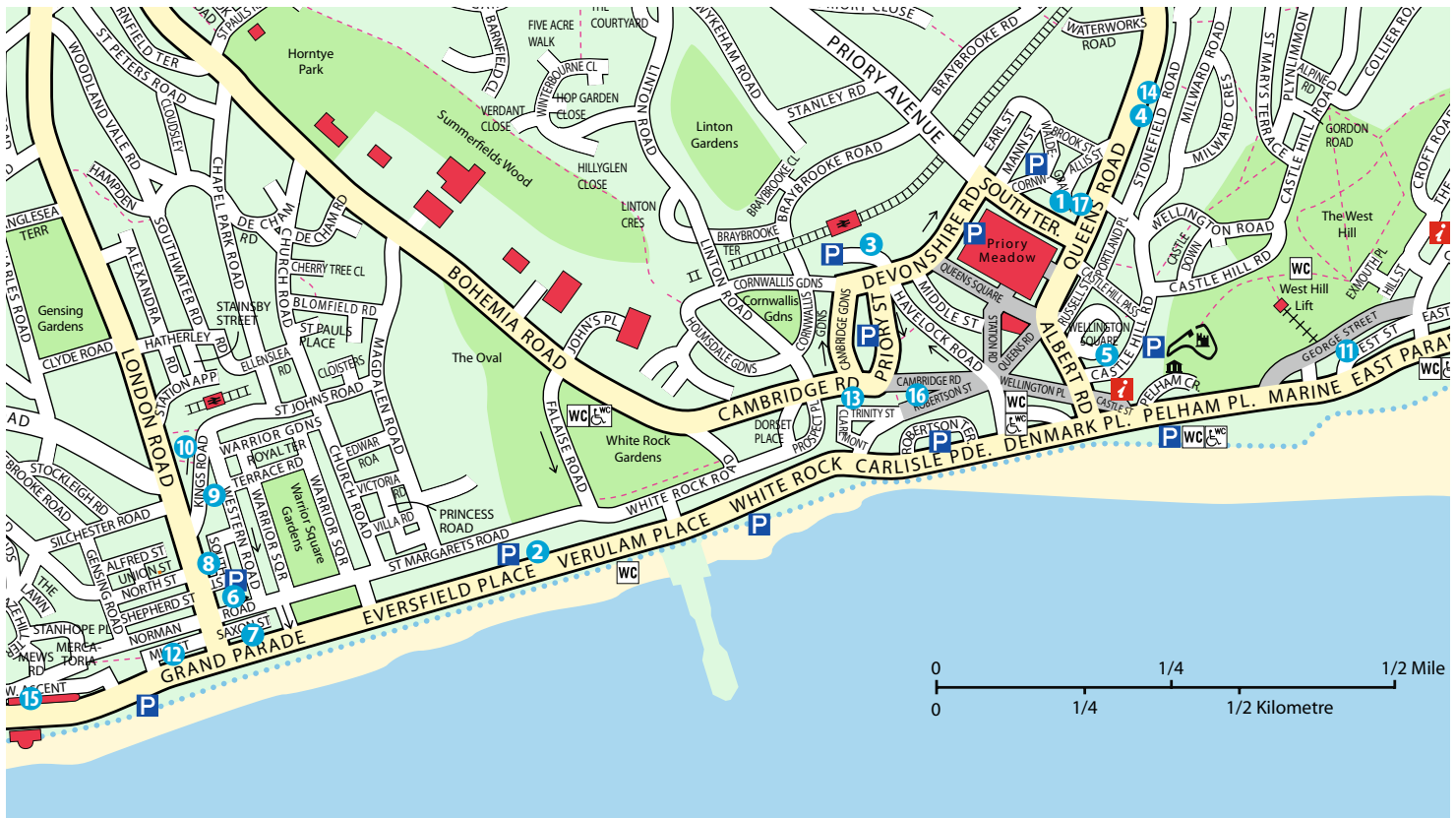
and sister shop:

16 Gourmet Delicatessen: Eastern European Produce

52 Robertson Street
Hastings
TN34 1HL

17 Polska Chata: Polish provision store

200 Queens Road
TN34 1RG
07518 361039



Mamma Putts African Caribbean Restaurant

23 Kings Road, St Leonards TN37 6DU

For the tastiest, most
delicious African
Caribbean Cuisine

Order on justeat.co.uk
for free delivery on
orders over £10

Sat 22 March

3-COURSE FISH DINNER
£15.95

Mon 24-Fri 28 March
SPECIAL LUNCH MENU

Eat in: £6.95

or Take away: £3.50

Chicken bites, plantain & salad

Stew beef sticks & salad

Fish fritters & plantain & salad

Ask about the vegetarian option



Sat 29 March

3-COURSE FESTIVAL MEAL
WITH LIVE MUSIC
from Alaafia
£18.95

Phone: 07400 384 443
or visit www.mammaputts.co.uk

Wed 26 March

Breakfast

The Cookhouse Café

All day festival breakfast

Lunch

Gurkha Chef:

Three course meal or Thali Platter – both £9.95 per person. See advert on page 20

The Cookhouse Café

Special Festival Menu: three courses: £10 (vegetarian option available)

Mamma Putts

Eat in: £6.95

Take away: £3.50

See opposite



The Kebab Shop (12-3pm)

Doner, chips and drink: £5

Flavours of India (12-2.30pm)

Two can dine for £15.99

Dinner

Gurkha Chef

Three course meal or Thali Platter – both £9.95 per person. See advert on page 20

Bay Spice

Early Bite from 5.30-7pm: £9.95

Every lady who eats at Bay Spice during Eat Global will get a rose!

Flavours of India

Two can dine for £15.99.

Try our special festival signature dish.

Siam 2 Thai Restaurant

Three special dishes created especially for Eat Global and served by staff in traditional Thai costume: see Friday, page 18.

FEATURED SHOP

Trinity Wholefoods

3 Trinity Street
Hastings
TN34 1HG

A delicious and nutritious treasure trove of locally sourced fruit and vegetables, fairtrade and responsibly sourced foods and products from around the globe. You'll feel healthier just stepping through the door!



Thursday 27 March

Breakfast

The Cookhouse Café

All day festival breakfast (see advert on page 22)

Lunch

Gurkha Chef:

Three course meal or Thali Platter – both £9.95 per person. See advert on page 20

The Cookhouse Café

Special Festival Menu: three courses: £10 (vegetarian option available)

Flavours of India (12–2.30pm)

Two can dine for £15.99

Dinner

Gurkha Chef

Three course meal or Thali Platter – both £9.95 per person. See advert on page 20

Bay Spice

Early Bite from 5.30–7pm: £9.95

Banquet: Eat as much as you like for £13.95

Every lady who eats at Bay Spice during Eat Global will get a rose!

Siam 2 Thai Restaurant

Three special dishes created especially for Eat Global and served by staff in traditional Thai costume: see Friday, page 18.

Flavours of India

Two can dine for £15.99. Try our special festival signature dish.

Tandoori Ghor

Banquet: £11.50 per person



SPECIAL EVENT

Cafe Relax

Armenian Restaurant and Bar

Live music and delicious Armenian cuisine, with a friendly welcome, relaxing atmosphere and views across to the sea.

TANDOORI GHOR



The Tandoori Ghor Indian restaurant and takeaway with free home delivery serving Hastings and St Leonards. Our team of highly skilled chefs use only the finest ingredients, purchasing fresh spices which are painstakingly ground and mixed by hand, ensuring excellent quality. We cater for all types of functions including birthdays, weddings, anniversaries and corporate events, please book in advance so we can make the occasion extra special. We look forward to welcoming you to your table at The Tandoori Ghor.



Tel: 01424 436064

Opening Hours: 12-2.30pm - 6-11.30pm

11 Grand Parade, St Leonards TN37 0DD

FEATURED SHOP

Gourmet Delicatessen

52 Robertson Street, Hastings

Delicious Eastern European produce in a convenient town centre location.

The sister shop to Ruzanna's provision store in Marine Court, St Leonards.



**Serving healthy
home-cooked
meals made
with LOVE**

52 Kings Road
St Leonards-on-Sea
TN37 6DY

Tel: 01424 319056

LOCAL · ORGANIC · VEGAN · ETHICAL

www.mooseiskitchen.moonfruit.com

Friday 28 March

Breakfast

The Cookhouse Café

All day festival breakfast (see advert on page 22)

Lunch

The Cookhouse Café

Special Festival Menu: three courses: £10
(vegetarian option available)

Mamma Putts

Eat in: £6.95 Take away: £3.50 (see page 14)

Dinner

Bay Spice

Early Bite from 5.30-7pm: £9.95
Every lady who eats at Bay Spice during
Eat Global will get a rose!

SPECIAL EVENT

Siam 2 Thai Restaurant

Three special dishes created especially for Eat Global and served by staff in traditional Thai costume, plus a **traditional Thai dance performance**.

Fish dish: Pla-Ma-Naew

A traditional dish of fish steamed with herbs, served with jasmine or egg rice: £12.95

or Main dish: Phed-Penang

Duck curry in mild or spicy sauce served with jasmine rice: £12.95

Dessert: Lord Chong

Singapore Sweet noodles with mango in coconut milk: £4.50



© DANIELLE WALQUIST LYNCH



FEATURED SHOP...

Polska Chata

200 Queens Road TN34 1RG 07518 361039

Designed like a traditional thatched house in the Carpathian Mountains, Polish House is proud of its sausage and other meat products. It also stocks fresh handmade Polish bread and a range of groceries imported from Poland.

GLOBAL KITCHEN CLASSROOM

Join Women's Voice for our 'Global Kitchen Classroom', free workshops demonstrating exciting and tantalising dishes from around the globe... it's going to be delicious.

To find out more, please visit:

Facebook: [Hastings-Womens-Voice](#)
or www.womens-voice.org.uk

MEXICAN FOOD

TUESDAY 25TH MARCH

HOT & DELICIOUS

Come and join us on Tuesday 25th March from 12.30-3.30 for a delicious 3 course Mexican lunch (with vegetarian options) and a choice of classic Margarita or non-alcoholic 'Nojito' for £10.50. Booking is essential, so call us on **01424 458 535** now!

COAST

at Sussex Coast College Hastings
Station Approach, TN34 1BA

THE KEBAB SHOP

01424 272110

UNDER NEW MANAGEMENT

KEBAB

	Small	Large
Lamb Döner	£4.00	£5.00
Lamb Shish	£5.00	£6.50
Chicken Shish	£5.00	£6.50
Lamb Köfte	£5.00	£6.50
Halep Kebab	£7.00	



MIX GRILL*

Lamb Shish & Döner	£6.80
Chicken Shish & Döner	£6.80
Lamb Köfte & Döner	£6.80
Lamb Shish & Köfte	£6.80

*Served with a salad and Pitta

EXTRA

Chips	£1.50	£2.00
with cheese		£3.00
Pitta	£0.30	
Mixed Salad	£2.20	
Hummus	£1.00	£2.00
Tarama	£1.00	£2.00

BURGER

1/4 lb burger	£2.60
with cheese	£2.80
1/2 lb burger	£3.60
with cheese	£3.80
Veggie Burger	£2.70
Bean Burger	£2.70

KIDS MENU*

6 Chicken	
Nuggets	£3.00
Doner Meat	£3.00

*Served with Chips or Pitta

DRINKS

Cans	£0.70
Ayran	£0.80
Fruity	£0.70
Water	£0.60



31 LONDON ROAD, ST LEONARDS-ON-SEA TN37 6AJ

Saturday 29 March

Breakfast

The Cookhouse Café

All day festival breakfast (see advert on page 22)

Lunch

The Cookhouse Café

Special Festival Menu: three courses: £10 (vegetarian option available)

Mamma Putts

Eat in: £6.95 Take away: £3.50 (see page 14)

Dinner

Bay Spice

Early Bite from 5.30-7pm: £9.95

Every lady who eats at Bay Spice during Eat Global will get a rose!



Siam 2 Thai Restaurant

Three special dishes created especially for Eat Global and served by staff in traditional Thai costume: see page 18

SATURDAY SPECIAL EVENTS



Mamma Putts Caribbean Night with live music from Alaafia

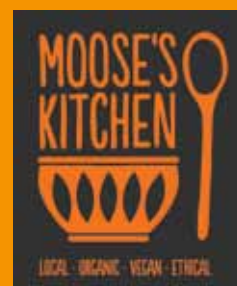
Mama Putts £18.95

Special three course African-Caribbean style Festival meal - with live music!

Moroccan Evening Moose's Kitchen

7.30pm £20

Traditional Moroccan dishes all made with local, organic, vegan and ethical ingredients. Pre-booking essential.



GURKHA CHEF



Nepalese Cuisine is famous for being delicious and mild, less spicy and more subtle. The combination of mountain herbs and spices with vegetables, meat and fish creates a unique taste and flavour.



3 Course Festival Meal or Nepalese Thali (Platter) as shown above at £9.95

Enjoy your meal in our friendly atmosphere on this occasion

Except Friday & Saturday Evening Reservation is Essential

Open 7 days a week
Monday 1pm - 2.30pm & 6pm - 11pm
Tuesday to Saturday 12pm - 2.30pm & 6pm - 11pm
Sunday Open all day from noon - 10.30pm

Thursday: Banqueting (5 course meal) - £11.95
Sunday: Sunday Special (4 course meal) - £10.95

20 Grand Parade, St. Leonards-on-Sea TN37 6DN
www.gurkhaonsea.co.uk info@gurkhaonsea.co.uk
01424 444440 / 431056

THE COOKHOUSE CAFÉ

Located on Queen's Road in Hastings directly opposite Morrisons Petrol Station. The Cookhouse Café offers festival menu and drinks including our signature all day breakfast.

We welcome all of our customers into a relaxed, friendly and sociable environment, so you can sit back, relax and enjoy your meal and drinks within comfortable surroundings.

We are open from Monday to Saturday from 8am until 4pm and Sunday from 9am until 4pm

Book your table now to avoid disappointment

79 Queen's Road, Hastings, TN34 1RL
Tel.: 01424 421307

MENU
£10.00



The offer is only valid for this meal and it cannot be customised or changed. Please also note that the portion's size differs from portions served on our menu.

Starters

Tarragon chicken soup or
Langos

Main courses

Dees-No-Torosh or
Letcho

Desserts

Doughnut Chips or
Chestnut Pure

www.thecookhousecafe.co.uk

FESTIVAL HIGHLIGHTS

Saturday 22 March

11am-2.30pm: Live street arts from the Whizzer Chefs and UK Africa Acrobats in **Priory Meadow** and the town centre (FREE).

2-4pm: Meet the chef and sample traditional Sussex bakes at **1066 Cake Stand** (FREE).

Evening: Caribbean Fish Night at **Mamma Putts**.

7.30pm: Parisian Night at **Moose's Kitchen** with live music from Steve Le Squeeze on accordion.

Sunday 23 March

11am-2pm: Gluten-free Baking Workshop at **1066 Cake Stand**.

Tuesday 25 March

12.30-3.30pm: Three course Mexican lunch at **Coast Restaurant**. Pre-booking essential.

Thursday 27 March

Evening: Armenian cuisine and live music at **Cafe Relax**.

Friday 28 March

Evening: Three special festival dishes at **Siam 2 Thai Restaurant**, accompanied by a traditional Thai dance performance.

Saturday 29 March

Evening: Three course Caribbean festival meal at **Mamma Putts** with live music from Alaafia.

7.30pm: Traditional Moroccan dishes at **Moose's Kitchen** - made with local, organic and vegan ingredients.

SUNDAY
13 JULY
2014

Opera GARDEN PARTY



BASK ON YOUR PICNIC BLANKET as the glorious sounds of live opera drift through Warrior Gardens down to the sea.

Refresh your glass at the bar and browse the craft market and nature garden, while children play in the pirate zone and sit spellbound in the storytelling yurt.

A perfect summer's day for opera virgins and aficionados alike.

This will be a ticketed event for more information visit

www.18hours.org.uk



PART OF ST LEONARDS FESTIVAL

Treat yourself...



Take a tasty break while
you're shopping!

Priory
SHOPPING
Meadow

www.priorymeadow.com